SPOTSYLVANIA COUNTY PUBLIC SCHOOLS
OFFICE OF TRANSPORTATION SERVICES

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FITNESS FOR DUTY FOR
COMMERCIAL DRIVERS LICENSE HOLDERS

Spotsylvania County Schools, Office for Transportation Services, in conjunction with the Health Services Director, have been working to bolster safety by instituting a fitness for duty requirement for all employees who hold a commercial driver's license.

Each transportation activity below requires the use of hands, arms, shoulders, back, and leg, muscles. If an accident should occur, employees must be physically capable of assisting students, themselves, and others to safety as may be required by the situation. As noted in the Qualifications for School Bus Drivers in Virginia, employees must not have any impairment of extremities that may interfere with their ability to safely control a bus or in physical executions of safety procedures and routine driving. Our first and foremost concern is always the safety and well-being of the students entrusted to us.

Below are some of the qualifications required for fitness for duty? This is a living document and these requirements may change, with appropriate notice, to better reflect skills and abilities related to safety.

- Must have the ability to open a school bus hood, (an estimated force of lifting fifty [50] pounds)
- Must have the ability to visually inspect under the vehicle by stooping, etc., to allow visual access to drive shaft, exhaust system, frame, springs, air brake chambers, hoses, springs, spring mounts, etc.
- Must have the ability to climb, descend and climb again the front steps of a school bus without pausing and without significant shortness of breath.
- Must have the ability to operate all types of school bus emergency exits. (Door, roof hatches and/or emergency windows)
- Must have the ability to open and close a manually operated school bus entrance door without difficulty while properly belted in the driver's seat. (Requires a pull or push of approximately thirty (30) pounds).
- While sitting in the driver's seat with the accelerator pedal depressed, must have the ability to remove right foot from accelerator and activate the brake pedal (using the same foot) within 0.75 seconds or less.
- From a sitting position, in the driver's seat with seat belts properly secured, must have the ability to extricate self from the seat, move to the rear of the bus, open the emergency door and exit the bus within 20 seconds.
- Must have the ability to move a fifty (50) pound weight a distance of 35-40 feet to simulate dragging a child to safety in the event of an emergency.
- Must have the ability to safely operate a wheel chair lift.
- Must have the ability to properly secure a wheelchair on the bus. (This often includes stooping, bending, kneeling and stretching to connect and securely operate tie-down straps.)

I, _____&_____, hereby declare:
PRINT PHYSICIAN NAME **SIGN PHYSICIAN**

_____ can return to work, date _____
NAME OF PATIENT

with no restrictions and is able to perform the "Fitness for Duty" for school bus drivers.

Physician Phone:_____

Physician Address:_____