

Family Life Education

Dear Parents and Guardians:

During the fourth marking period, Health & PE teachers will begin a unit on Family Life Education. Please read the following objectives, “Opt out” procedure and review the SOL’s that will be covered during this unit.

Objective

Self-discipline, decision-making, abstinence from sexual relations, alternatives to premarital sex, and pregnancy prevention.

“Opt Out” Procedure

The General Assembly has mandated that all school divisions develop a Family Life Education Program. The regulations governing these programs, which were adopted by the Virginia State Board of Education, require that, an “Opt Out” procedure be established in which parents may elect for their children to be excused from all or part of the program.

In Spotsylvania County Schools, the Parent/Community Involvement Team identified objectives for the program. Parents may “opt their children out” of any activities associated with these objectives. Copies of objectives for each grade level will be available at each school, and parents are invited to obtain copies of these objectives. Every effort has been made to select instructional materials and activities that reflect traditional family values our community can support. However, if parents wish their children to be excused from all or part of the program, they may complete the attached form and return it to their teacher. Before completing the form, parents may talk to with their teacher, who can explain the program and answer questions. During the time missed from Family Life activities students will be given independent study assignments to be done in the school library.

Family Life “OPT OUT” Form

I ask that my child, _____, be excused from activities in the Family Life Program which are associated with following SOL objectives:

Please view 9th grade family life SOL’s on the back of this form.

Student’s name

School and Grade Level

Signature of Parent

Date

Family Life Education -9th grade Standards

- 9.1 The student will trace the human growth cycle in relation to parenting skills from the prenatal period through the elderly stage.
- 9.2 The students will explain the importance of the family as a basic unit of society and his or her responsibility as a member of the family.
- 9.4 The student will review and apply decision making process.
- 9.5 The student will review the nature and purpose of dating.
- 9.6 The students will realize the importance of setting standards for controlling sexual behavior and of postponing sexual relations until marriage.
- 9.7 The student will interpret the effects and prevention of sexual assault, rape (including “date rape”), incestuous behavior, and molestation.
- 9.9 The student will be able to explain the process of reproduction.
- 9.10 The student will demonstrate understanding of specific health issues, including the ability to conduct particular self-examinations.
- 9.12 The student will explain the transmission and prevention of the AIDS virus.
- 9.14 The student will begin to identify educational and career goals.

