



SPOTSYLVANIA COUNTY SCHOOLS

CPR & AED Awareness

Documentation of on Line Hands Only CPR Instructions

REQUIRED VIEWING:

Access at: <http://www.youtube.com/watch?v=-Yqk5cHXsko&safe=active>

Summary of content: American Red Cross' steps in performing
"Hands Only CPR"

NAME: _____ POSITION _____

By signing, this form I am stating that I have viewed the online video

SIGNATURE: _____ DATE: _____

For additional training on CPR/AED and First Aid contact the local American Red Cross or American Heart Association organizations

Important note: Spotsylvania County Schools has an automated external defibrillator (AED) in every building. Please check with the front office staff or school nurse for its location.

** Should you have questions about CPR/AED and First Aid or the content of this video, please contact the school nurse in the school where you are substituting or Alejandra Wilmer, Spotsylvania County Schools' nurse practitioner (540) 582-5125 ext. 1840.