



# Spotsylvania Middle School Athletics Guidelines and Expectations



Dear Parent/ Guardian;

A tryout for an athletic team gives every student an opportunity to make a team. Being on a team the previous year DOES NOT guarantee them a spot on this year's team. Due to various parameters; coaches have to make cuts in order to select a team. Please understand, this is not an easy process for ALL that are involved. If your child does not make the team; ask the coaches what your child needs to work on for next year.

## Tryout Guidelines

- Students need to have a completed **VHSL Athletic Physical Form**, including proof of **medical insurance**, and **Health, Safety and Concussion Awareness and Acknowledgement form**.
- Students in grades 6-8 must be academically eligible to participate by the standards set forth by the SCPS Middle School Athletic Handbook and/or SMS Athletic Director.
- Students must go through the tryouts in order to make a team. The final team roster is at the Head Coach's discretion. This decision should be respected by students and parents.
- All tryouts and practices are held immediately after school from 3:00 to 5:15.
- Parents can pick up students in the big parking lot next to the gym entrance.
- Tryouts are closed to parents.
- **If child has ASTHMA; child must have completed Virginia Asthma Action plan documentation- with "PERMISSION to CARRY"**.
- **Have, on site, any prescribed medication for medical emergencies (i.e; inhaler, epi-pen, glucagon, eyewear)**
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## Expectations:

### Student-Athletes

- Complete all homework and projects **ON TIME!!** If not, this would be considered "grounds" for reduced playing time or suspension.
- Respect all teachers and staff members.
- Respect teammates, coaches, officials, and opponents at all times.
- Respect coaching, officials, and administrative decisions.
- \*\*\*Respect yourself and your abilities, as well as teammates' abilities and inabilities.
- **Follow all guidelines, rule, and expectations set forth by SCPS, SMS AD, and Coaches.**

### Parents

- Show and display good sportsmanship before, during and after contests. "Let the coaches Coach; let the players play; let the officials officiate!"
- Be respectful of all participants involved; players, coaches, officials, spectators.
- Be knowledgeable of the sport and rules your child is playing.